



angel

XPUB

COOKBOOK

thing

DEPT

SONG + NAMI + EDDY + KEN +
PJO + PUSK + LOUX + TING

Welcome to the XPUB Cookbook.

The following recipes contain ways to think with and about technology from many different perspectives. From reading tools to guided meditations, we prepared a feast for the mind from entree to dessert.

Fill yourselves up with the nourishing guidance and let us lead you through your meal.

Bon Appétit!

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Entrée

			æberidzogeni ænesæzi			ædmarrelli ætlendz æntúrier ézge apætfi	árab	atlæntik bésen káltfer	akádien eræpæhð æte		káltfer
káltfer		æztlæks bænde		bæbbelónien		estrian		bænte bæntu	báhie		ækætfo
				bédoen	bél bilker	béle béle bóbo bóbo			bergáli		bære bérber
	kángo		berkina fáso	biŋge	bizentájn			káltfer fajæen		bóso	keribien kèribu kèribu t'ajníz
kèrælindzjen dajæspere	kásæz		séltuk			tjérekí				kæmbódien	t'fín
			káptk	kóre	káltfer ønnón		dólen		dón		t'júktfi
	idzípæn		él				gælo rómæn	gæen	éskemò	dón fræn	dæen ido
fúláni	gálf kóst			gwin					gæende		gógó
										grik	grik póst bizentájn káltfer hitajt
	hán		háwse					hílo			hitajt
	món	hó			hópweł	hópi					hútú
iránien	ájærn édz		izlámik					inje	inje	dzúif	indonizæn inut
			kæzæk			máŋgælz korien lá lúbe					súmátra
	kiribáti							kójo	leófæn		
		linier páteri lwó			lós sæntos káltfer					kjúbe	
									máwri	májæ	
							mænd				mæsepátémia
				mtjókæn	májkronízæ	mælægro kwevédó				mín	tredifæn
								mázlæm	mázlæm	nio estrianz	mangólien
		náskæ	návehò								
ænændóge			átæman párblien				pérzæn	pégen	filæstín		fénifæn
pálenízæ rómæn						pjúntk	pígmi			sæen	sæen egósten
	sír					séni	sémóæ		sóki		
			sín	sú	sóðærn ørébie	séðærn læwæent		tægælæg	tøhíti		tádzik
		swázi taræhúmare			pér	sírien	pétfæ				télogu
	øn		táj		tóme						
								lá			tærkmæn tútsi
			vietnamís					wín		wá ræe	wáj wáj
				jænomæmi							
			zúlù		májæ						

Childbirth

Mother Nature is a personification of nature that focuses on the life-giving and nurturing aspects of nature by embodying it, in the form of the mother. 1)

We have been taught to address nature as the 'Mother Earth'. In this symbol, nature is allegorised as a powerful maternal force, the womb of all human production that 'takes care' of our needs and necessities from time and again. The idea is a comforting analogy except it has a lining of gendered and sexist language that is reinforced in the lives of women, expecting them to possess the 'same nature' as the nature of Mother earth. The entire saviour complex that a man is supposed to protect a woman is also reflected here. 2)



This is a judgmental recipe how the nature has become a mother of human.

1. Huge push, push, push, keep pushing darling, you're doing good. Little more, little more! Well done.....
2. Take a big breath, and huge push! Fantastic baby! Keep pushing, big huge push! I can see your baby's head...! Keep pushing, one more time darling! Great, again!
3. His head is coming! Leave your hands relaxed! Big breath in! And a huge push down! Push with pressure! Push it more! More than that! Keep pushing! Push, push! Yeah, your baby is coming out! Come on, come on!

Sound source :
Childbirth : <https://www.youtube.com/watch?v=URGzbQ9teow>
Harsh wave sound from : An example by _____ with Sonic-PI
Baby crying sound : [freesound.org](https://www.freesound.org)
Soft lake sound : [freesound.org](https://www.freesound.org)
Description of Mother Nature and Instruction of breathing (in the end) : Nami Kim (Artist)

Text source :
1) https://en.wikipedia.org/wiki/Mother_Nature
2) <https://feminisminindia.com/2020/06/24/mother-earth-nature-gendered-men-feel-superior/>

Image source:
<https://www.pexels.com/search/videos/waves/>
<https://theconversation.com/how-covid-19-has-changed-the-way-we-give-birth-155933>
https://www.popsugar.co.uk/parenting/photos-mom-having-son-act-as-doula-during-childbirth-47954410?utm_medium=redirect&utm_campaign=US:NL&utm_source=www.google.com

Main Course

Amphetamine

original recipe, classic rave party taste



Recipe for a good party:

- 5g P2NP (Phenyl-2-Nitropropene)
- 50ml Isopropanol
- 8g of Heavy Duty Aluminum Foil
- 50ml Glacial Acetic Acid (GAA)
- 50g Sodium Hydroxide
- 1ml Sulfuric Acid

1. Mix 50ml of the GAA with 25ml of Distilled Water in flask.
2. Dissolve 5 grams of P2NP in 50ml of warm Isopropanol (IPA). Let sit till cool.
3. While the IPA solution is cooling, we need to make the Aluminum Amalgam. Cut the aluminum foil in 1x1 inch squares. Then put the foil in 200ml of dH2O. Add 50mg of Mercuric Chloride, and stir. After 10 minutes you will see grey sludges in the jar, that means the amalgam has started. Wait 10 more minutes, then wash the aluminum 3 times with water to get rid of all the mercuric chloride.
4. Add the aluminum amalgam into the water mix. Wait 5 minutes, the solution will turn grey.
5. Add the P2NP solution and stir. After 5-10 minutes the reaction will start going good. Let the flask stay for 20-25 minutes.
6. In this time the solution will boil, so you need to have some kind of condenser on top.
7. When the reaction is over put on hotplate and reflux for about an hour. After 45 minutes the stuff will start to look a little pink.
8. When reflux is over let cool to room temperature and you will have a red/yellow solution.
9. While the solution is cooling, in a separate glass container mix 50g of sodium hydroxide and 50ml of water and stir to make sure it mixes well. Put in freezer until its not hot anymore.
10. When both solutions are cool, slowly add the sodium hydroxide solution to the reaction mix. You DON'T want to do it too fast because it will react violently and might jump out of the flask. So add slowly and stir after each addition.
11. When done adding there will be 2 layers. Use a pipette and suck up the top layer. Put this in separate glass. Now add 20ml of Dichloromethane to the mix and shake/stir really well, then let settle, this time we want the bottom layer, use a pipette to suck up the bottom DCM layer and add this to the first layer we pulled. Add another 20ml of DCM and repeat one more time, combine all the DCM pulls and the first layer we pipetted. Combine the 3 pulls together.
12. Now this has our Amphetamine freebase. Now we need to convert the Amphetamine freebase into Amphetamine Sulphate. We make a solution of 1ml Sulfuric Acid + 5ml Isopropanol. Drop by drop add the sulfuric acid solution to the DCM/amphetamine solution and stir alot. You will begin to see the Amphetamine Sulphate crystallize out of solution.
13. When done adding the solution, setup a coffee filter inside a funnel. Pour the Amphetamine solution into the filter. Then let dry.
14. Now you will have a slightly red-ish Amphetamine Sulphate. Do a recrystallization to get pure white Amphetamine Sulphate.

Amphetamine

ORACLE THE HIDDEN

A HACKED VERSION OF THE TRANSFEMINIST TECHNOLOGIES DECK TO BE USED FOR READING AND UNDERSTANDING TEXTS



HOW TO USE THE ORACLE FOR TRANSFEMINIST TECHNOLOGIES

Welcome! This Oracle is a hands-on card deck designed to help us collectively envision shared ideas for trans* feminist technologies of the future.

The wisdom of trans* feminist values and technologies are designed by us and for us. We are trans* feminist technologists who are trans* feminist technologists. Join us on a journey to create a future that is more inclusive and equitable for all.

Contents:
 1. Values cards
 2. Situation cards
 3. Inhabiting Space cards
 4. Blank cards (optional)
 5. Instructions booklet

Goal: The purpose of the Oracle is to help us collectively envision shared ideas for trans* feminist technologies of the future.

Number of people: 1-2 people and please...

Time: Takes about 10 min, more if you want to go deeper. Can be 45 min to an hour.

Age Appropriateness: The Oracle is appropriate for all ages. The Object card (a didactic card) and the "Pleasure" card is a didactic card for some parents or educators may want to remove from the deck before playing with children. → to do help understand + access text

Instructions: You can act as the Reader (optional). This person will guide you through the use of the Oracle, provide instructions at each step, keep time, and facilitate discussion.

"STICK OF TRYING TO DECIPHER INACCESSIBLE TEXTS? TRY THE HIDDEN ORACLE NOW!"

Take out the Oracle and separate the cards by type (Values, Situations, and Inhabiting Space). Shuffle each group.

Consult the Oracle! Each person/group takes:
 1. 2 Values cards
 2. 1 Situation card (optional)
 3. 1 Inhabiting Space card (optional)

Read your cards
Value cards: Each Value card represents a trans* feminist value. Take turns reflecting individually, and/or discuss what this Value means to you.
Object card: Each Object card represents a trans* feminist technology. Take turns reflecting individually, and/or discuss what this technology means to you.
Inhabiting Space cards: These cards question the forgotten, residual + hidden data, voices + systems.

Situation card (optional): Situation cards provide you with a situation that you need to deal with. They can be a fun way to focus your creative energy. You can also do readings without Situations, or create your own (real or imagined) Situation!

Blank cards (optional): We've included blank cards in case you want to create your own Values, Objects, or Situations.

4. Create your Blueprint:
 Your goal now is to envision a future technology that approach your text by questioning the text guided by your Value(s). Space and will help you solve the Situation presented to you by the Oracle. See how the Situation is hacked.

...the purpose of the Oracle is to help us collectively envision shared ideas for trans* feminist technologies of the future. The wisdom of trans* feminist values and technologies are designed by us and for us. We are trans* feminist technologists who are trans* feminist technologists. Join us on a journey to create a future that is more inclusive and equitable for all.

How are you served?

SERVER -A program that provides services to other programs or devices, either in the same computer or over a computer network. (https://en.wiktionary.org/wiki/server)



1 : <https://www.websitecarbon.com/>



2 : <https://nl.godaddy.com/whois>



3 : <https://hostingchecker.com/>



<https://www.iplocation.net/ip-lookup>

1:

*How much energy does my/this website costs?
Is my server host using "green" energy? How many trees would be needed to surf this page?*

2:

What is known about this webpage? Who is the owner? When was it created? Why is this site called godaddy?

3:

Who is hosting it? What is the IP of the hosted website?

4:

Where is this IP located?

Tutorial: Nocturne in C-Sharp Minor, B. 49 (Arr. for Web oscillator)

0. Introduction

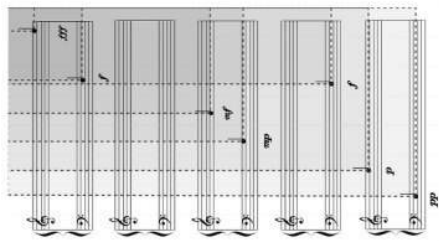
In this tutorial, I will show you **how to play with a Web oscillator** and then I will invite you to **make your own arrangement** of the *Nocturne in C-Sharp Minor, B. 49* from Frederic Chopin!

1. What you will need:

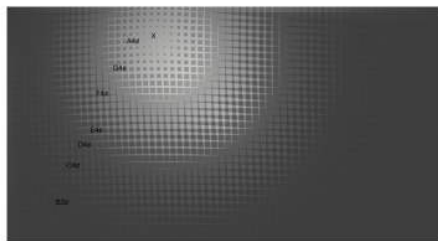
Nothing more than a **computer**; an **Internet connection** and some **headphones or speakers**.

2. How does it work?

Try imagining your computer screen as the most conventional sheet music, **the higher is positioned the note, the higher is the pitch**.



Then let's translate that into computer language by setting a **frequency range for the width value** of your canvas and an **amplitude range for its height value**.



3. Get familiar with it

All you have to do is to use your **cursor position** and to pay attention to **size of your screen**. Just give it a try!

4. Make your own arrangement!

Now **run Nocturne in C-Sharp Minor, B. 49 (Arr. for Theremin & Piano)** as a **background** with the streaming device of your choice (ex: YouTube; Spotify).


Is it playing? Great, then get back on your Web oscillator window and **try to tune on the sound piece by following the path of the notes**.

5. Play more!

Make sure to **loop the song**, and continue trying to tune on it. After some time, you should get more and more precise and familiar with your oscillator!

Good luck!



A yellow brushstroke graphic consisting of several overlapping, horizontal strokes of varying lengths and thicknesses, creating a textured, hand-painted effect. The word "Dessert" is centered within this graphic.

Dessert

LINGUISTIC MEDITATION

1. Inhale deeply and exhale slowly.
2. Imagine your mom speaking "I-N-D-O-C-T-R-I-N-A-T-I-O-N".
3. Murmur her pronunciation.
4. Repeat the 1-3 step with the image of your old friend speaking "I-N-D-E-T-E-R-M-I-N-A-C-Y".
5. And your first teacher, "I-L-L-I-T-E-R-A-C-Y".
6. And your psychiatrist, "S-C-H-I-Z-O-P-H-R-E-N-I-C".
7. And your tour guide, "I-N-C-O-N-G-R-U-O-U-S".
8. And your French neighbor, "C-O-N-S-E-N-S-U-S".
9. Remember how you became current you and don't try to adjust.
10. Inhale deeply and exhale slowly.

I selected these words from "Language, Politics, and Composition"
Noam Chomsky interviewed by Gary A. Olson and Lester Faigley
(https://chomsky.info/1991____/)

Guided escape

I had a dream that I could hear your voice through my darkened laptop screen. Again and again until I climbed through the screen to find you. When I was inside I couldn't make out your voice anymore, with all the noise of the online platforms getting louder. I walked through pixelated landscapes, my scrollbar as my walking stick. It took me days to walk through the comment section of YouTube, at night the dark side of YouTube was scary and disturbing. There were Trolls that tried to lead me astray, but finally I passed through a tutorial that led me to the source of the stream. I started hearing you more loudly now, you were comforting me with your warm voice. When I stood before you I realized: you were a mirror and I was you.



Power Macintosh
300/132

PowerPC

13001



ROFFERDAY

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